C.A.R.E.S. for your Community

Innovation Elementary School
Exemplary Project

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01 What is C.A.R.E.S.?

C.A.R.E.S. during the school day

C.A.R.E.S.

C
Cooperation
I can work with others.

A
Assertion
I can speak up for myself and others.

R
Responsibility
I can make strong choices.

E
Empathy
I can understand others' feelings.

S
Self-control
I can pause and think about my choices before I speak and act.

Promoting C.A.R.E.S. during the school day

- Responsive Classroom
- Morning Meeting
- Classroom rules or agreements
- Collaborative learning – partner and group work
- Quarterly whole school C.A.R.E.S. reads books
- C.A.R.E.S. posters for different types of learning spaces
- Buddy classrooms

02 Community Service

Schoolwide & Classroom based service projects

Community Service

- What communities might we impact?
  - Classroom
  - School
  - Local community

Impacting the Classroom w/ C.A.R.E.S.

- Examples:
    - Showing **Self-control** by letting someone else go first today
    - Showing **Empathy** by being patient during the Number Sense routine, recognizing that everyone needs different time to think and learn
    - Showing **Responsibility** by focusing on recycling any paper we might throw in the trash this week
    - Showing **Assertion** by looking for someone who needs someone to play with at recess
    - Showing **Cooperation** by identifying a problem in the classroom and working together to come up with a solution during morning meeting

Impacting the School w/ C.A.R.E.S.

- Examples:
    - Showing **Cooperation** by working as a whole school to improve our efforts to recycle
    - Showing **Cooperation** to improve our school grounds by cleaning trash, pulling weeds, planting new plants
    - Showing **Responsibility** by helping Mr. Keenan clean the lunch room
    - Showing **Assertion** by standing up for others when they aren't being treated kindly or fairly

Impacting the Local Community w/ C.A.R.E.S.

- Examples:
  - Showing **Cooperation** by working together to collect donations for a local organization
  - Show **Empathy** by making bagged meals for the homeless through PathForward
  - Show **Assertion** by seeing a problem in the community and developing a service project to make change

Community Service: Day of Service

- Kick-off pep rally the 2nd Friday of the school year
- A choice board of service projects will be provided and all classes will select one project to complete on the "Day of Service"

Make cards for local firefighters	Beautify your grade level learning pod	Make a kindness bulletin board with your class	Write cards to thank a veteran	Make placemats for local assisted living homes
Pick up trash on the playground	Make a banner to encourage others to follow CARES	Make cards for local police officers	Help the art teachers, librarian, or PE teachers organize materials	Make placemats for Meals on Wheels
Draw a picture for seniors at the local senior center	Collect milk cartons or bottles at lunch to recycle	Pick up trash in the parking lot	Make posters to help students know what to recycle at lunch	Make posters to remind everyone to recycle
Make posters to put up in school with reminders about CARES	Pull weeds in the garden at Innovation	Book buddies with a younger grade level class	Help Mr. Keenan clean up after your grade level's lunch	Make cards for the nurses and doctors at Virginia Hospital

Community Service: Classroom Projects

- Grade Level Classrooms
  - Each homeroom class will **identify 1 project** they will work on **over the course of the year**
    - Might impact school as a whole or local community
    - Classes might work as a whole or students in a class might work individually on separate projects (determined by grade levels)
    - Classes will **commit** to their project **by the end of October**
    - Classes will **complete** their project by **June**
- **Specials(Art, PE, Music, Library) Teams**
  - Each specials subject will identify a project they will support all grade levels to collaborate on during the year
  - Their project may impact the school or local community

03 C.A.R.E.S. Committee

Student & Teachers working together to promote C.A.R.E.S.

Members

Students

5th grade students who apply and commit to promoting C.A.R.E.S. meet monthly to plan initiatives for supporting the school in exhibiting C.A.R.E.S. They also determine & plan school wide service projects.

Staff

Meet as a staff team monthly to plan and support the work that student members decide upon as their focus or action steps.
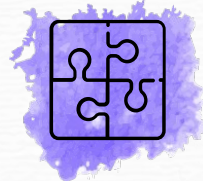
Goals

Promote C.A.R.E.S.

Collaboratively decide on ways to engage all school members in knowing, understanding, and exhibiting the components of C.A.R.E.S (caring, assertion, responsibility, empathy, and self-control

School-wide Service Projects

Generating ideas for service projects, planning for, advertising, and engaging the whole school in participation in service projects
Ex: Food Drive, New Years Cards for retired service members

Building Community

Working to engage students and staff in thinking about, talking about, and actions toward demonstrating C.A.R.E.S.
Ex: C.A.R.E.S. Reads during morning meeting

C.A.R.E.S. Committee will

Plan
Plan school wide service projects or initiatives

Advertise
Advertise for any school wide service projects so students and parents will know how to contribute

Demonstrate
Members will demonstrate and serve as examples of C.A.R.E.S. for other students

Identify Needs
Members will identify needs that exist in our school to help C.A.R.E.S. be shown by all.

Gather Input
Members will gather input from students and staff about how much C.A.R.E.S is demonstrated and how we can improve as a school.

Other Clubs that support C.A.R.E.S.

YES Club   **Recycling Rangers**

04 Year 1 Plan & Year 2 and Beyond Plan

How will we grow our exemplary project?

Year 1

Month	Activity
September	Day of Service- project & whole school assembly
End of October	Each class identifies service project to complete before June
October-June	Classes complete identified service projects
All Year	Recycling Rangers
All Year	CARES Committee
September, December, April	All School Reads Sept: Claire & Kathryn to read at assembly Dec: Each class reads identified book on specific day April:Each class reads identified book on specific day
February	Food Drive for AFAC - run by CARES committee

Year 2 and Beyond

- Continue commitments from year 1
- Build partnerships with local organizations, for example:
  - Make bagged meals for PathForward
  - Donation drive for AFAC, Pathways
  - Animal Welfare League of Arlington
  - Lost Dog & Cat Rescue
  - The Nature Conservancy
  - Clothesline for Arlington
  - Rare
- Add additional all school reads - could do one a quarter or 1 each month
- Add more school wide annual fundraiser or donation drives

Budget

- Money for service project materials - $3000
- Stipend for CARES committee chair - $3200/year
- Books for all school reads - $1500
- CARES Committee operating budget - $700