

Arlington Public Schools



**Elementary School Family Life Education
Parent/Guardian Information Meeting**

Family Life Education (FLE)

MISSION

- To ensure **ALL** students learn and thrive in **safe, healthy, and supportive learning environments**

VISION

- To be an **inclusive** community that empowers all students to foster their dreams, explore their possibilities, and create their futures



Family Life Education

Arlington Public Schools, in accordance with the State of Virginia mandate, has developed a comprehensive, sequential, age-appropriate K-10 Family Life Education curriculum.

The Family Life Education Program will assist students to:

- Develop positive self-concepts and respect for others
- Form and maintain strong relationships with family and community
- Develop self-esteem, self confidence, and responsibility



*APS Family Life
Education PIM &
Policy (1-7.1-8)*



The Family Life Education Program will assist students to:

- Manage stress and resist peer pressure
- Develop social-emotional awareness and skills
- Develop into responsible, productive and well-adjusted adults

*VA Department of Education Family Life
Education Standards of Learning*





Grade Level Objectives & Descriptive Statements

- For grade specific FLE objectives and Descriptive Statements, see the APS website (Department of Teaching and Learning, under Health and Physical Education Programs)

OR

- Contact your child's teacher

OR


- Contact APS Health and Physical Education Office

deborah.defranco@apsva.us

703-228-6165

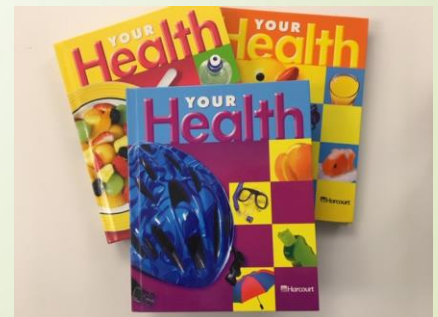


FLE Topics

- Family living and community relationships
 - Social emotional knowledge and skills
 - Human reproduction
 - Stress management and resistance to peer pressure
 - Development of positive self esteem and respect for others, including people of other races, religions of origins
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Instructional Delivery

- ▶ Elementary students receive family life education instruction during health education by the classroom teacher
- ▶ Teachers receive annual training in FLE content
- ▶ Family Life Education materials (curriculum guides, lesson plans, textbooks, print and non-print materials) are available for parents/guardians to review



Instructional Strategies

Teachers and staff who deliver the Family Life Education curriculum use a developmentally appropriate lesson plan that recognizes the sensitive nature of the content. Examples of instructional strategies are:

- Small group instruction
- Guest speakers
- Healthcare professionals
- Question Box – allows students to ask questions anonymously
- Independent work
- Role play





Resources:

- APS Family Life Education PIM and Policy (I-7.1-8)
- APS Family Life Education Objectives
- VA Department of Education Family Life Education Standards of Learning
- Centers for Disease Control and Prevention
- Virginia Health Smart
- Second Step
- United Streaming
- PBS Learning Media
- Girlshealth.gov



Resources:

- Media Smarts
 - SafeKids.org
 - Harcourtschool.com/health
 - BrainPop
 - KidsHealth.org
 - Smokefree.gov
 - Drugfreeworld.org
 - Drugabuse.gov
 - Cancer.org
 - Scholastic
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Opt-out Procedure

- The Family Life Education program is not intended to conflict with family values and behavioral norms.
- The opt-out policy is a process that allows parents/guardians to exempt their child from a specific objective(s).
- Families wishing to opt-out their child(ren) should complete the opt-out form that is found on the APS website.



Opt-out Procedure

- Return completed form to the student's classroom teacher, counselor or school's principal.
- Teachers will provide an alternative health assignment for students who opt-out of an objective(s).
- The students will complete the assignment in another location in the school.